

July 2010

Welcome to the July issue of *PlusNotes for Members*, your source for news on your health plan and healthy living information.

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Don't Miss Donald Driver & Edgar Bennett at Green & Gold Training Camp

Make plans to attend Physicians Plus and Meriter's [Green & Gold Training Camp](#) on Saturday, July 17 from 10 a.m.–Noon at Madison's [Henry Vilas Zoo](#). Kids ages 5–12 will “work out” and have fun with Green Bay's Donald Driver and Edgar Bennett, and 10 lucky kids will win a football personally autographed by each player. Plus, the YMCA of Dane County will be on hand with fun, healthy activities for kids 2–12. For easy registration, simply fill out and bring the [registration form](#) with you to the event. We hope to see you there!

Dr. Amy Franta joins Meriter Orthopedic Clinic

[Dr. Amy Franta](#) has joined the [Meriter Orthopedic Clinic](#) at 2275 Deming Way, Suite 180 in Middleton. Dr. Franta is a fellowship-trained surgeon specializing in shoulder and elbow procedures that restore the joint allowing patients to return to their active lifestyles. Visit [Meriter.com/OrthoClinic](#) for more information or call (608) 417-8500 to schedule an appointment.

Diabetes & Kidney Disease Community Education Program on July 20

If you or a family member has diabetes and/or chronic kidney disease and you are interested in learning more about the condition(s), Physicians Plus invites you to attend a free community education program on July 20 from 6–8 p.m. at the Sheraton Madison Hotel on John Nolen Drive in Madison. (Registration for the event starts at 5:30 p.m.)

The program will feature: information from diabetes care experts about diabetes, high blood pressure and chronic kidney disease; free blood pressure checks; various exhibits and healthy light snacks/refreshments; and the premiere showing of the new DVD *“The Links to Chronic Kidney Disease: Diabetes, High Blood Pressure, and Family History,”* featuring local residents who have diabetes. Attendees will also receive a free copy of the DVD. For more information, contact Leah Ludlum at (608) 261-9422.

Tell Us What You Think

Physicians Plus wants feedback, suggestions and ideas for improvement from you! All ideas are reviewed, so if you have a suggestion, please let us [know](#).