

July 2009

**Welcome**

Welcome to the July issue of *PlusNotes for Members*, your source for news on your health plan and healthy living information.

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- Green & Gold Training Camp is Saturday!
- Make the most of your prescription drug coverage with GO-TO Rx Manager
- Mark your calendar for the next MedDrop

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**Green & Gold Training Camp is Saturday!**

Remember to join us for Green & Gold Training Camp on Saturday, July 18 from 10 a.m.– Noon at Madison's Henry Vilas Zoo. Kids ages 5–12 will "work out" and have fun with Green Bay's Donald Driver and Edgar Bennett, and 10 lucky kids will win a football personally autographed by each player. For easy registration, simply fill out and bring the registration form with you to the event. Find out more about Green & Gold Training Camp at [HealthyChoicesBigRewards.com](http://HealthyChoicesBigRewards.com). We hope to see you there!

**Make the most of your prescription drug coverage with GO-TO Rx Manager**

Physicians Plus wants to help you get the most out of your prescription drug coverage. The best and simplest way to do this is by making informed choices. GO-TO Rx Manager allows you to review your prescription drug history, the Physicians Plus drug formulary and drug cost comparisons. It's especially useful for choosing lower-cost drugs or those with lower copays. Stretch your prescription drug dollars further. Sign up for GO-TO Rx Manager today.

**Mark your calendar for the next MedDrop**

It's not safe to keep unneeded medicines in the house — children and others can accidentally take them. A simple and safe way for you to get rid of unwanted medication is the Dane County MedDrop, scheduled for October 3 at the Madison Transfer Station. Last month, over 1,435 Dane County residents brought 3,222 pounds of unwanted medication to the 2009 Spring MedDrop, more than 1,600 pounds over the one-day collection record!

This drive-through, drop-off service is available free to everyone. Simply bring in all unneeded prescription and over-the-counter medicines to the event and they will be disposed of in an environmentally safe way.

**Tell Us What You Think**

Physicians Plus wants feedback, suggestions and ideas for improvement from you! All ideas are reviewed, so if you have a suggestion, please let us know.