

May 2010

Welcome to the May issue of *PlusNotes for Members*, your source for news on your health plan and healthy living information.

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Meriter's Pediatric Center opens May 18

Meriter's new [Pediatric Center](#) opens Tuesday, May 18. Located in [Meriter Hospital](#) at 202 S. Park Street, the Pediatric Center will provide 24/7 medical care for children with emergencies, as well as patients requiring observation and hospitalization. Meriter's team of pediatric hospitalists, emergency physicians and staff — who are specifically trained in handling children's medical needs — will work closely with you and your child's pediatrician to ensure the highest quality of care.

Get Physically Fit with Physicians Plus

May is [National Physical Fitness Month](#), and Physicians Plus has many resources you and your family can use to become more active. Whether it's our [health and fitness facility reimbursement](#), [Good Health Bonus classes](#), [Plus Perks discounts](#) or [GO-TO Healthy Choices MOVE](#), you choose the activities and programs that work best for you.

Get started with our online personal health manager, [GO-TO Healthy Choices](#), by taking the confidential health risk assessment (HRA) and earn a \$25 reward. It will provide you with an overall health snapshot and provide a personalized plan for living a healthier, more active life.

Mark your calendar for the next MedDrop

It's not safe to keep unneeded medicines in the house — children and others can accidentally take them. A simple and safe way for you to get rid of unwanted medication is at the [Dane County MedDrop](#), scheduled for Saturday, June 5 at three Madison-area locations: Madison LaFollette High School, 702 Pflaum Road; Middleton High School, 2100 Bristol Street; and the Sun Prairie Recycling Center, 1798 S. Bird Street.

This drive-through, drop-off service is available free to everyone. Simply bring in all unneeded prescription and over-the-counter medicines to the event and they will be disposed of in an environmentally safe way.

Tell Us What You Think

Physicians Plus wants feedback, suggestions and ideas for improvement from you! All ideas are reviewed, so if you have a suggestion, please let us [know](#).