

HealthCheck Exams: Help Your Child Stay Healthy



What is a HealthCheck exam?

A HealthCheck exam is a complete health checkup or physical provided by a primary care physician in the Physicians Plus provider network (see enclosed directory). HealthCheck exams are complete health checkups for you and your child from birth to 21.

HealthCheck screenings are designed to ensure that BadgerCare Plus members under the age of 21 receive regular, comprehensive, preventive health care.

Why does my child need a HealthCheck exam?

HealthCheck exams are important because they:

- Keep your child healthy
- Find health problems before they become serious
- Make sure children are growing and developing normally
- Count as the physical exam for school, Head Start, childcare, WIC and sports physicals

What does a HealthCheck exam include?

- Head to toe physical exam including growth and development
- Immunizations (shots) if due
- Blood lead testing at age 1 and 2 years and other necessary lab tests
- Vision screening (eye check)
- Hearing check
- Mouth exam
- Nutrition check (eating habits)
- Growth and development check
- Teenage health education
- Health information

How often does my child need a HealthCheck exam?

A HealthCheck screening should be completed at each of the following ages:

- Birth to 1 year old: 6 total exams (newborn, 3–4 weeks, 6–8 weeks, 4 months, 6 months and 9 months)
- 1–2 years old: 3 total exams (12 months, 15 months and 18 months)
- 2–3 years old: 2 total exams (2 years and 2 1/2 years)
- 3–21 years old: 1 exam every year

It is very important to keep track of when you or your child is due for a HealthCheck exam. HealthCheck exams are very important. We encourage you to keep your appointments when scheduled. When you call to schedule an appointment, make sure you ask for a HealthCheck exam.

Transportation (for Standard Plan members only)

If you need help getting to a HealthCheck exam, please call Physicians Plus Member Service at either number below between the hours of 7 a.m.–5 p.m. If these hours are not convenient, please call and leave a message.

Contact Physicians Plus at (800) 545-5015 or (608) 282-8900