

# Physicians Plus Contact Cards For Your Convenience

The attached contact cards are provided to help you keep in touch with Physicians Plus. Keep one in your wallet or purse so you can contact Physicians Plus when you're away from home.

These contact cards are not proof of insurance.

You must show your ForwardHealth card to receive health care benefits.

## INTERPRETER SERVICES

- English For help to translate or understand this, please call 1-800-545-5015 or 608-282-8900 (TTY).
- Spanish Si necesita ayuda para traducir o entender este texto, por favor llame al telefono 1-800-545-5015 or 608-282-8900 (TTY).
- Hmong Yog xav tau kev pab txhais cov ntaub ntauw no kom koj totaub, hu rau 1-800-545-5015 or 608-282-8900 (TTY).
- Russian Если вам не всё понятно в этом документе, позвоните по телефону 1-800-545-5015 or 608-282-8900 (TTY).

Interpreter services are provided free of charge to you.

P+ 5228-0810

### Contact Physicians Plus

1-800-545-5015  
608-282-8900  
ppicinfo@pplusic.com

### Physicians Plus Online

[www.HealthyChoicesBigRewards.com](http://www.HealthyChoicesBigRewards.com)

### 24-hour Nurse line

1-866-PPLUSRN  
(1-866-775-8776)  
24-7 medical advice  
from a nurse

### Mental Health & Substance Abuse Services

1-877-745-6700  
608-280-2702



Physicians Plus  
INSURANCE CORPORATION

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