

# Physicians Plus Contact Cards For Your Convenience

The attached contact cards are provided to help you keep in touch with Physicians Plus. Keep one in your wallet or purse so you can contact Physicians Plus when you're away from home.

These contact cards are not proof of insurance.

You must show your ForwardHealth card to receive health care benefits.

## INTERPRETER SERVICES

**English** For help to translate or understand this, please call 1-800-545-5015 or 608-282-8900.

**Spanish** Si necesita ayuda para traducir o entender este texto, por favor llame al telefono 1-800-545-5015 or 608-282-8900.

**Hmong** Yog xav tau kev pab txhais cov ntaub ntauw no kom koj totaub, hu rau 1-800-545-5015 or 608-282-8900.

**Russian** Если вам не всё понятно в этом документе, позвоните по телефону 1-800-545-5015 or 608-282-8900.

Interpreter services are provided free of charge to you.

P+ 5228-1108

### Contact Physicians Plus

1-800-545-5015

608-282-8900

ppicinfo@ppplusic.com

### Physicians Plus Online

www.ppplusic.com

### 24-hour Nurse line

1-866-PPLUSRN

(1-866-775-8776)

24-7 medical advice  
from a nurse

### Mental Health & Substance Abuse Services

1-877-745-6700

608-280-2702



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