

Aspirin Use to Prevent Heart Attacks and Stroke

(Employer Newsletter Article Example)

Did you know taking an aspirin regularly can help reduce the risk of heart attacks and stroke?

The U.S. Preventive Services Task Force recommends you talk to your doctor about taking aspirin regularly if you meet one of the following conditions:

- Have had a heart attack or stroke.
- Are a man between the ages of 45–79. [Click here to learn more \(link to fact sheet Taking Aspirin to Prevent Heart Attacks\)](#).
- Are a woman between the ages of 55–79. [Click here to learn more \(link to fact sheet Taking Aspirin to Prevent Strokes\)](#).

[Employer Name] and Physicians Plus Insurance Corporation want to keep you healthy. Talk to your primary care provider about taking aspirin if you are in one of the groups described above. Watch your mail for more information being sent to members that are at risk for heart attacks and strokes.